

# How relationships help us

Group activity worksheet



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**Written by teachers for teachers**

## How Relationships Help Us

Our relationships are important to us. We are connected to and affected by our families, friends, teachers, employers, acquaintances and many others. We have many different kinds of relationships.

1. In groups of four, look at these quotations and choose the one which you like best, and say why.
  - a. *"Shared joy is a double joy; shared sorrow is half a sorrow."* Swedish Proverb
  - b. *"Don't smother each other. No one can grow in the shade."* Leo Buscaglia
  - c. *"I like her because she smiles at me and means it."* Tas Soft Wind
  - d. *"Piglet sidled up to Pooh from behind. "Pooh!" he whispered. "Yes, Piglet?" "Nothing," said Piglet, taking Pooh's paw. "I just wanted to be sure of you."* A A Milne
  - e. *"The better we get at managing relationships, the better we are at joining in with all areas of our lives."* Chuck Spezzano
  - f. *"Present your family and friends with their eulogies now - they won't be able to hear how much you love them and appreciate them from inside the coffin."* Anonymous
  - g. *"Friendship is born at that moment when one person says to another, "What! You too? I thought I was the only one."* Anonymous
  - h. *"If you had a friend who talked to you like you sometimes talk to yourself, would you continue to hang around with that person?"* Rob Bremer
  - i. *"A true friend is someone who thinks that you are a good egg even though he knows that you are slightly cracked."* Bernard Meltzer
2. As a class discuss the choice you have made and any questions you come up with.